

\$0 Copay Preventive Services with Your Plan



HIGHMARK
WESTERN NEW YORK

Covered preventive services for adults

- Abdominal aortic aneurysm screening for adults over 50†
- Alcohol misuse screening and counseling
- Anemia screening on a routine basis during pregnancy
- Bacteriuria infection screening for pregnant adults
- Blood pressure screening
- Breast cancer chemoprevention counseling
- Breast cancer screenings†
- Breastfeeding support, supplies, and counseling
- Cervical cancer screening
- Cholesterol screening for adults of certain ages
- Colorectal cancer screening (colonoscopy, sigmoidoscopy, fecal occult exam, polyp biopsy) for adults over 50†
- CT screening (annual) for lung cancer for adults age 55–80 with history of smoking
- Depression screening
- Diabetes type 2 screening for adults over 19
- Diet counseling
- Genetic testing for BRCA-related cancer
- Gestational diabetes screening
- Hepatitis B screening for high-risk and pregnant members
- Hepatitis C screening
- Human immunodeficiency virus (HIV) screening
- Human papillomavirus (HPV) testing
- Immunization vaccines — doses, recommended ages, and recommended populations vary:*
- Hepatitis A
- Herpes zoster
- Human papillomavirus
- Influenza
- Measles, mumps, rubella
- Meningococcal
- Pneumococcal
- Tetanus, diphtheria, pertussis
- Varicella
- Interpersonal and domestic violence screening and counseling
- Lactation support, counseling, and rental equipment (pre- and post-natal)
- Obesity screening and counseling (up to 20 visits of behavioral intervention)
- Osteoporosis screening for adults over 60†
- Physical therapy for fall prevention for adults age 65 and older
- Rh incompatibility screening for all pregnant members
- Sexually transmitted infection (STI) screening and counseling (including chlamydia, gonorrhea, syphilis)
- Tobacco-use screening, including expanded counseling for pregnant tobacco users
- Tuberculosis screening for adults 18 and over

Additional services covered in full

- Prostate-specific antigen screening†
- Routine annual physical†
- Routine eye exam†
- Routine labs ordered as part of a routine annual physical or routine obstetrical/gynecological exam†
- Routine obstetrical/gynecological exam†

Covered preventive services for children

- Alcohol and drug use assessments for adolescents
- Autism screening for children at 18 and 24 months
- Behavioral assessments
- Cervical dysplasia screening for sexually active members
- Congenital hypothyroidism screening for newborns
- Developmental screening for children under age 3, and surveillance throughout childhood
- Dyslipidemia screening for children at higher risk of lipid disorders
- Gonorrhea preventive medication for eyes of all newborns
- Hearing screening for all newborns under 1 year old
- Height, weight, and body mass index measurements
- Hematocrit or hemoglobin screening
- Hemoglobinopathies or sickle cell screening for newborns under 1 year old
- Hepatitis B screening for high-risk members
- HIV screening
- Immunization vaccines — doses, recommended ages, and recommended populations vary:*
- Diphtheria, tetanus, pertussis
- Haemophilus influenza type B
- Hepatitis A
- Human papillomavirus
- Inactivated poliovirus
- Influenza
- Measles, mumps, rubella
- Meningococcal
- Pneumococcal
- Rotavirus
- Varicella
- Lead screening for children at risk of exposure
- Medical history for all children throughout development
- Obesity screening and counseling†
- Oral health risk assessment for young children
- Phenylketonuria (PKU) screening for newborns
- Sexually transmitted infection (STI) prevention counseling for adolescents
- Tuberculin testing for children at higher risk of tuberculosis
- Vision screening†

Pharmacy preventive care

- Aspirin use for those under age 60**
- Bowel prep agents related to colorectal cancer screening
- Contraceptive methods and counseling**
- Fluoride chemoprevention supplements for children 6 months to 5 years old without fluoride in their water source**
- Folic acid supplements for members up to age 63 who may become pregnant**
- Immunization vaccines administered and billed in pharmacy
- Medications to reduce the risk of breast cancer for members age 35 and older
- Smoking cessation medications
- Statin drugs to prevent cardiovascular disease for adults age 40–75**

For more details and a complete list of covered preventive services, visit bcbswny.com/preventive or call the customer service number listed on the back of your member ID card.

† For members enrolled in a commercial, direct pay, Healthy NY, New York State of Health, or ASO plan, please be aware that some of these services may have a copay, have annual limits, or only be covered in certain age ranges.

* Some immunization may be administered at the pharmacy. Consult your doctor and pharmacist for availability.

**Prescription required.

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