



## Opioid Navigator

With generous funding from The Peter and Elizabeth C. Tower Foundation, Catholic Health System employs Navigators who provide care coordination services and guidance for pregnant women with substance use disorder.

The Navigator works within the Catholic Health Medicaid Health Home division to provide outreach, care coordination, and support to patients.

The Navigator will:

- Ensure women have a provider to care for them during pregnancy.
- Connect patients with mental health or substance use providers to get them into treatment during pregnancy.
- Provide housing, food and transportation guidance individualized to each patient's needs.
- Follow the Positive Direction Model™ (see reverse) by creating a notebook for the patient that includes the expectant mom's goals and birth plan, educational materials, engagement of Suboxone providers, securing an appropriate pediatrician, and a tour of the NICU in advance of delivery, among other things.
- Educate patients on domestic violence, tobacco cessation, and the importance of their overall health for themselves and their unborn child.
- Educate patients on the Catholic Health policies regarding Child Protective Services – calls are not made on all patients – particularly if patients are in a program and can demonstrate positive direction.

Call (716) 923-9674 to connect with a Navigator



## Positive Direction and Associates, Inc.

**Positive Direction and Associates, Inc.'s mission is to improve the quality of lives of mothers and children by empowering women with education and life skills. These mechanisms improve a woman's life which then strengthens her family and our community.**

### A Positive Direction for Women

Pregnancy with substance use can be a fearful and crucial time. Positive Direction and Associates, Inc. will guide you and your family through your pregnancy.

It is important that pregnant women be provided treatment without stigma and given education to be empowered. Positive Direction provides the safety and reassurance every mother needs and deserves.

With the Positive Direction Model™ and a Navigator (see reverse), a mother has someone who understands and can guide her towards a healthy birth. Then she is ready to begin her family in a positive manner.



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