

## Participating Fitness Center Locations

### 3-Month Fitness Club Membership

Present your HMO 100 member identification card at one of the participating facilities listed below and pay a \$25 copayment for your 3-month membership. Each member of your family enrolled in HMO 100 is entitled to an annual 3-month membership.

<b>Erie County</b> BAC Boulevard 1185 Niagara Falls Blvd Amherst, NY 14226 1-716-833-5226	Jewish Community Center of Greater Buffalo Inc. 2640 North Forest Road Getzville, NY 14068 1-716-688-4033	Synergy Health & Fitness Associates, LLC 30 North Union Road Williamsville, NY 14221 1-716-565-3991
BAC Downtown 69 Delaware Avenue Buffalo, NY 14202 1-716-845-6660	KC's Fitness Inc. One Symphony Circle Buffalo, NY 14201 1-716-886-0252	Terrie's Workout Center 1473-1481 Hertel Avenue Buffalo, NY 14216 1-716-833-6529
BAC Eastern Hills 4687 Transit Road Williamsville, NY 14221 1-716-631-3800	Life Smart Fitness Center 895 North Forest Road Williamsville, NY 14221 1-716-250-7040 Ext 204	The Fit Stop 3631 Main St. Strykersville, NY 14145 1-585-3591
BAC for Women Williamsville 480 Evans Williamsville, NY 14221 1-716-634-7867	The Medically Oriented Gym, Inc. ("The MOG") 1801 Grand Island blvd Grand Island, NY 14072 1-716-773-1600	Town of Hamburg Senior Services Fitness Center 4105 Sowles Road Hamburg, NY 14075 1-716-646-0665
BAC for Women Depew 1235 French Road Depew, NY 14043 1-716-656-9999	Olympia Health Club 300 Pearl Street Buffalo, NY 14202 1-716-847-6000	WNY Physical & Occupational Therapy Group 6301 Transit Road Depew, NY 14030 1-716-684-0400
BAC Orchard Park 3035 Union Road Orchard Park, NY 14127 1-716-675-9353	Omega Health & Wellness. 5893 Camp Road Suite 9 Hamburg, NY 14075 1-716-648-5500	WNY Physical & Occupational Therapy Group 12395 Olean Road Chaffee, NY 14043 1-716-496-5550
BAC for Women Tonawanda. 3157 Eggert Road Tonawanda, NY 14150 1-716-348-3755	Prism Health & Fitness Village Park Business Center 6460 Main Street Williamsville, NY 14221 1-716-204-1477	WNY Physical & Occupational Therapy Group 2700 North Forest Road Getzville, NY 14068 1-716-639-3330 ext. 2475
Fitness Plus 6105 Transit Road East Amherst, NY 14051 1-716-639-5974	Southtowns Physical Therapy Group 100 Union Road West Seneca, NY 14224 1-716-675-7569	
Jewish Community Center of Greater Buffalo Inc. 787 Delaware Avenue Buffalo, NY 14209 1-716-886-3145	Southtowns Physical Therapy Group 4845 Transit Road Depew, NY 14043 1-716-656-1880	

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\* Participating facilities subject to change.

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<b>Cattaraugus County</b> YMCA of Olean, New York 1101 Wayne Street Olean, NY 14760 1-716-373-2400	Lockport Family YMCA 19 East Avenue Lockport, NY 14094 1-716-434-8887	
WNY Physical & Occupational Therapy Group 4039 Route 219 Salamanca, NY 14779 1-716-945-2484	Summit Fitness Center 6930 Williams Road Niagara Falls, NY 14304 1-716-297-4300	
<b>Chautauqua County</b> Darwin's Health Club 47-53 Water Street Fredonia, NY 14063 1-716-679-1591	WNY Physical & Occupational Therapy 5875 South Transit Road Lockport, NY 14094 1-716-433-9058	
<b>Genesee County</b> Genesee Area Family YMCA 209 East Main Street Batavia, NY 14020 1-585-344-1664	YWCA Fitness Center 80 Main Street Suite H Lockport, NY 14094 1-716-438-5534	
Village Fitness, LLC 3 West Avenue LeRoy, NY 14482 1-585-768-4550	<b>Wyoming County</b> Wyoming County YMCA 115 Linwood Avenue Warsaw, NY 14569 1-585-786-2880	
<b>Niagara County</b> A Quality Life Health and Fitness 445 Main Street Youngstown, NY 14174 1-716-745-9820		
Lifestyles Health Club 3976A - Lockport Olcott Road Lockport, NY 14094 1-716-439-0100		
Lockport Athletic & Fitness Club 6017 S. Transit Road Lockport, NY 14094 1-716-439-5232		

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